

Africa W. all-time end 2024

Shot put

1	CHUKWUEMEKA Vivian	NGR	18.43		75	19/04/03	2	Walnut (USA)
2	DONGMO Auriolè	CMR	18.37		90	03/06/17	2	São Bernardo do Campo (BRA)
3	ERASMUS Ashley	RSA	18.17		05	24/06/24	1	Douala (CMR)
4	OKWELOGU Nwanneka	NGR	17.91		95	28/05/16	1c4	Jacksonville (USA)
5	van WYK Drienkie	RSA	17.88		71	25/01/02	1	Germiston (RSA)
6	de KLERK Miné	RSA	17.79	i	03	03/02/24	3	Lincoln (USA)
7	ABRAHAMSE Veronica	RSA	17.76		80	08/03/02	1	Bellville (RSA)
8	SENEKAL Ischke	RSA	17.56		93	28/04/18	1	Sasolburg (RSA)
9	INCHUDE Jessica	GBS	17.54		96	04/08/19	1	Leiria (POR)
10	du TOIT Simoné	RSA	17.49	i	88	29/01/11	1	Houston (USA)
11	ONWUCHEKWA Kasey	NGR	17.42	i	85	02/02/07	1	New York (USA)
12	OKORO Chinwe	NGR	17.39		89	05/05/12	1c2	Tampa (USA)
13	van HEERDEN Mariette	RSA	17.32		52	29/11/80	1	Johannesburg (RSA)
14	du TOIT Maranelle	RSA	17.30		78	07/12/02	1	Potchefstroom (RSA)
15	FRANK Orobosa Anabel	NGR	17.21		94	13/03/22	1	Benin City (NGR)
16	KNOETZE Marli	RSA	17.14		87	15/10/05	1	Naboomspruit (RSA)
17	LINDEQUE Zonica	RSA	17.13		04	03/05/24	2	Madison (USA)
18	OYATOYE Oyesade Adetola	NGR	16.97		97	02/10/19	13q1	Doha (QAT)
19	UKE Claire	NGR	16.90		92	28/05/16	1c3	Lawrence (USA)
20	APIAFI Grace	NGR	16.86		58	19/05/90	1	Santa Barbara (USA)
21	UYS Collette	RSA	16.86		00	12/05/23	1	Myrtle Beach (USA)
22	ONYEKWERE Chioma	NGR	16.85		94	14/05/16	2	Lincoln (USA)
23	BEN KHALED Amel	TUN	16.72		74	11/06/02	1	Jablonec nad Nisou (CZE)
24	SALAH EL-MELEGI Hanaa	EGY	16.71		75	12/10/93	1	El Maadi (EGY)
25	IBEKWE Miriam	NGR	16.68		69	18/05/07	2	Lagos (NGR)
26	STRYDOM Meike	RSA	16.67		00	13/03/21	1	Boksburg (RSA)
27	MALLOUSSI Souad	MAR	16.60		57	28/09/85		Sydney (AUS)
28	OGBENI Onome	NGR	16.53		01	23/05/24	22q1	Fayetteville (USA)
29	AKOWE Tina	NGR	16.28		75	22/06/02	2	Lagos (NGR)
30	TALABI Omotayo	NGR	16.21		92	29/03/13	3	Stanford (USA)
31	NNDODU Mariam	NGR	16.20			18/08/98	1	Dakar (SEN)
32	ANUMBA Ashley	NGR	16.19		99	12/05/23	7	Raleigh (USA)
33	AZZIZI Yasmina	ALG	16.16		66	13/07/95	1	Annaba (ALG)
34	JORDAAN Lezaan	RSA	16.15		95	25/07/14	8	Eugene (USA)
35	ROETS Dane	RSA	16.12		02	14/05/21	3	Johannesburg (RSA)
36	KEMELE Hannah	NGR	16.11		00	26/05/23	1	Abuja (NGR)
37	SMUTS Sonia	RSA	16.03		91	28/02/15	1	Pretoria (RSA)
38	ABABIO Claudia	GHA	16.01			24/05/18	16q	Tampa (USA)
39	AHMED KHALED Hanan	EGY	15.98		68	1992	1	Al-Qâhirah (EGY)
40	ISMAIL AL BAGHDADI Wafa	EGY	15.96		69	1998	1	El Maadi (EGY)
41	SWANEPOEL Luzanda	RSA	15.95		70	14/11/89		Stellenbosch (RSA)
42	CHIME Nkechi Leticia	NGR	15.95		93	17/03/18	1	Abuja (NGR)
43	SILVER Tuane	NAM	15.95		04	02/08/22	5	Cali (COL)
44	MÉKAM Carine	GAB	15.87		85	08/06/22	2	St Pierre (MRI)
45	GOUWS Leonie	RSA	15.86		59	28/02/81		Pretoria (RSA)
46	DIAGANA Binta	MTN	15.83		76	11/07/15	2	Villeneuve d' Ascq (FRA)
47	FATIHI Fouzia	MAR	15.82		70	26/06/92		Bellevue Mauricia (MRI)
48	DUVENAGE Geraldine	RSA	15.80		95	28/04/14	2	Pretoria (RSA)
49	DJIBRIL Alifatou	TOG	15.74		80	19/02/05	2	Adelaide (AUS)
50	DEGLI UMBERTI Bodine	RSA	15.74	i	02	21/02/23	3	Birmingham (USA)
51	LEMONGO NKOULOU Frederick	CMR	15.68		04	06/04/24	1	Tampa (USA)
52	MUGABE Salome	MOZ	15.63		89	12/04/18	6q2	Gold Coast (AUS)
53	OLABA Elizabeth	KEN	15.60		54	27/06/87		Nakuru (KEN)

Africa W. all-time end 2024

54	van HEERDEN Mariette	ZIM	15.58		52	20/01/74		Salisbury (USA)
55	MISTOUL Odette	GAB	15.51		59	15/07/84		Rabat (MAR)
56	OSEGHAE Anabel	NGR	15.51			06/11/20	1	Asaba (NGR)
57	ANIEFUNA Judith Anulika	NGR	15.47		96	25/05/16	1	Lagos (NGR)
58	JOOSTE Lezelle	RSA	15.46		77	13/02/99	1	Bloemfontein (RSA)
59	FERREIRA Lillabeth	RSA	15.43		73	11/03/95		Krugersdorp (RSA)
60	OGBUKWU Eucharia	NGR	15.42		95	12/12/18	1	Abuja (NGR)
61	NEL Rina	RSA	15.40		51	18/10/75		Pretoria (RSA)
62	MECILHI ABOU ZAGHARI Hiba	EGY	15.40		70	10/08/02	4	Radès (TUN)
63	OJIERGO Nkiru	NGR	15.38			26/02/00	1	Germiston (RSA)
64	GAFSI Faten	TUN	15.35		83	12/07/03		Radès (TUN)
65	ABDUL SABOUR Amel	EGY	15.34		86	04/05/08	4	Addis Abeba (ETH)
66	WESSELS Febe	RSA	15.34		03	25/05/24	7	Emporia (USA)
67	NGO NGOUE Monique	CMR	15.33	i	79	18/02/07	3	Aubière(FRA)
68	NESNAS Nouria	ALG	15.32			13/07/96		Vénissieux (FRA)
69	BOOYSEN Heidi	RSA	15.31		08	17/02/24	1	Johannesburg (RSA)
70	MEINTJIES Louise	RSA	15.29		73	06/11/93		Pretoria (RSA)
71	WHITE Rouxnel	RSA	15.28		63	14/11/89		Stellenbosch (RSA)
72	KARA Princess	NGR	15.25	i	00	04/03/23	1	Brookings (USA)
73	ANTWI Myah	GHA	15.24		95	07/05/16		Corpus Christi (USA)
74	AHOUANWANOU Odile	BEN	15.24		91	24/06/16	H	Angers (FRA)
75	STEENBERG Beatrix	RSA	15.23		76	21/10/95		Cradock (RSA)
76	DAHMOUS Aicha	ALG	15.22		58	29/06/83		Jablonec nad Nisou (CZE)
77	STEINMANN Jana	RSA	15.21		99	02/02/16	1	Potchefstroom (RSA)
78	KHUNOU Alicia	RSA	15.19		06	14/03/24	1	Potchefstroom (RSA)
79	EGWU Blessing	NGR	15.17	i	82	04/03/06	3	Boston (USA)
80	YACOUBOU Isabelle	BEN	15.15		86	28/05/04	1	Tours (FRA)
81	RODRIGUES Vanda	CPV	15.15	i	84	28/02/09	2	Pombal (POR)
82	BORGES Maria Antónia	CPV	15.12		83	08/08/04		Huelva (ESP)
83	CHROUDI Nada	TUN	15.12		87	20/06/21	1	Radès (TUN)
84	AGBEWODIE Rejoice	GHA	15.12	i		07/03/25	1	Lubbock (USA)
85	EL KASABY Fadya Saad	EGY	15.10		94	01/04/15	1	Al-Qâhirah (EGY)
86	OGUNLEYE Precious	NGR	15.10	i	79	27/02/16	5	Boston (USA)
87	VILJOEN Marie	RSA	15.09		50	04/12/72		Stellenbosch (RSA)
88	MALALA George	KEN	15.02		97	15/02/25	1	Mumias (KEN)
89	RATSIMBAZAFY Doris-Ange	MAD	14.98		74	12/06/05		Colombes (FRA)
90	de NECKER Juanita	RSA	14.98		02	16/02/21	2	Potchefstroom (RSA)
91	KNOETZE Sonika	RSA	14.97		87	22/09/12		Pretoria (RSA)
92	MOHAMAD ATTIAH Walaa	EGY	14.92		90	16/12/11	1	Doha (QAT)
93	EKWERIBE Victoria	NGR	14.90			18/07/98	2	Lagos (NGR)
94	ROGERS Ansie	RSA	14.89		64	19/09/90		Pretoria (RSA)
95	MARRAKCHI Sihem	TUN	14.89		90	09/10/09	1	Damascus (SYR)
96	OTIENO Sarah	KEN	14.88		96	06/03/24	3	Nairobi (KEN)
97	LARAB Fatiha	ALG	14.83		58	19/07/88		El-Djezair (ALG)
98	FRASER Wilna	RSA	14.82		45	31/10/64		Johannesburg (RSA)
99	TCHUINTE Agnes	CMR	14.74		59	16/08/85		Al-Qâhirah (EGY)
100	GBAHY Angeline	CIV	14.74		76	12/07/98		Evreux (FRA)
101	MUSTAFA MOHAMED Menatalla	EGY	14.74		95	26/04/14	1	Al-Qâhirah (EGY)
102	SMIT Angeline	RSA	14.74	i	98	23/02/21	2	Birmingham (USA)
103	van der WALT Nanette	RSA	14.72		59	14/03/92		Pretoria (RSA)
104	van ROOYEN Bianca	RSA	14.72		88	13/04/12		Port Elizabeth (RSA)
105	van der BERG Cellonika	RSA	14.71		06	02/03/22	1	Pretoria (RSA)
106	SWART Sunette	RSA	14.70		70	15/02/92		Pietersburg (RSA)
107	ELECHI Oluchi	NGR	14.70		73	29/07/99	H	Lagos (NGR)
108	NAKOMBO Nadège	CAF	14.68		78	17/10/99		Dreux (FRA)
109	VENTER Elmien	RSA	14.66		64	07/01/87		Stellenbosch (RSA)

Africa W. all-time end 2024

110	BOTES Caren	RSA	14.65		67	01/12/89		Johannesburg (RSA)
111	FOUCHE Maraliza	RSA	14.61		74	16/01/99		Krugersdorp (RSA)
112	ZEROUAL Zainab	MAR	14.61		01	26/05/21	1	Rabat (MAR)
113	SEMLAWI Amira Naji	EGY	14.60		80	01/10/99		El Maadi (EGY)
114	SULLIVAN Anmare	RSA	14.60		85	13/04/02		Pretoria (RSA)
115	UJU Anolefo	NGR	14.59		79	12/12/18	2	Abuja (NGR)
116	ANIEFUNA Judith	NGR	14.58		96	05/06/13	1	Port Harcourt (NGR)
117	MOHAMED AHMED Merihan	EGY	14.54			08/04/19	2	Al-Qâhirah (EGY)
118	NGOUNOU Sandrine	CMR	14.54		82	26/05/24	2	Aulnay-sous-Bois (FRA)
119	SWART Janeene	RSA	14.52		60	13/04/12		Johannesburg (RSA)
120	van OUDSTHOORN Mia	RSA	14.52			16/05/21	2	Canyon (USA)
121	CHEROUDI Nada	TUN	14.51		87	26/07/19	1	El-Djezaïr (ALG)
122	ATIENO Martha	KEN	14.50		58	14/08/93		Kisii (KEN)
123	BEKKER Annette	RSA	14.49		48	20/11/71		Potchefstroom (RSA)
124	LAKHAL Rachida	MAR	14.48		82	03/06/06		Casablanca (MAR)
125	ACIRO Joyce	UGA	14.47			24/07/78		El-Djezaïr (ALG)
126	SAMBU Milka	KEN	14.45		68	26/09/81		Al-Qâhirah (EGY)
127	GRIESEL Elsa	RSA	14.39		62	26/10/84		Pretoria (RSA)
128	OTUTU Anne	NGR	14.39		70	09/05/03	2	Kaduna (NGR)
129	ENGELBRECHT Charlene	NAM	14.39		93	22/02/14		Pretoria (RSA)
130	ROBERTS Tina	RSA	14.38		61	18/04/80		Germiston (RSA)
131	van NIEKERK Amari	RSA	14.35		05	27/03/24	2	Johannesburg (RSA)
132	OSISIKE Esther	NGR	14.35		02	10/05/24	4	El Paso (USA)
133	KOTZE Hanlie	RSA	14.34		60	13/11/81		Stellenbosch (RSA)
134	MAREE Alta	RSA	14.33		53	18/11/77		Port Elizabeth (RSA)
135	OSESO Linda Ngendo	KEN	14.32		90	16/04/11		Stanford (USA)
136	BREYTENBACH Wanzel	RSA	14.32			02/03/13		Pretoria (RSA)
137	DHAOUADI Souhir	TUN	14.31		89	28/07/11	1	El-Djezaïr (ALG)
138	EFOBI Celestine	NGR	14.30		91	12/12/18	4	Abuja (NGR)
139	MESKAOUI Cherifa	MAR	14.29		51	03/08/85		Casablanca (MAR)
140	OBURU Belinda	KEN	14.25		00	08/05/24	1	Nairobi (KEN)
141	FOURIE Wellinda	RSA	14.24		63	28/12/84		Port Elizabeth (RSA)
142	NAOUARA Lamia	TUN	14.24		69	10/09/92	3	Latakia (SYR)
143	du TOIT Marie	RSA	14.21		64	21/04/84		Sasolburg (RSA)
144	THERON Petra	RSA	14.20		43	28/02/64		Welkom (RSA)
145	WAGNER Monique	RSA	14.19		97	26/01/19	1	Germiston (RSA)
146	OMRANI Yasmin	ALG	14.15		88	04/05/14	1c2	Gagny (FRA)
147	TRAORE Brigitte	BUR	14.13		79	16/12/03		Ouagadougou (BUR)
148	du PLESSIS Danita	RSA	14.12		05	25/03/23	4	Pietermaritzburg (RSA)
149	CHEPKEMOI Mercy	KEN	14.11		99	22/05/24	1	Nairobi (KEN)
150	DJATO Patience	GHA	14.10			03/07/93		Kumasi (GHA)
151	ROETS Juanita	RSA	14.10		85	18/01/03		Pretoria (RSA)
152	KOUASSI Gabriela Amelan	CIV	14.10		79	13/09/11		Maputo (MOZ)
153	VENTER Magdel	RSA	14.06		85	13/04/02		Pretoria (RSA)
154	KOLA Caroline	KEN	14.05		66	10/05/03		Eldoret (KEN)
155	SERROTTI Chloe	RSA	14.05		06	24/02/24	1	Cape Town (RSA)
156	BENAIBOUCHE Lyna	ALG	14.03		02	27/06/24	1	Dely Ibrahim (ALG)
157	VAHOUA Andrea	CIV	14.01	i	96	15/03/14	6	New York (USA)
158	TREURNICHT Tanya	RSA	13.99		84	03/11/01		Germiston (RSA)
159	ISIAYO Priscilla	KEN	13.99		77	21/06/13		Nairobi (KEN)
160	KUYATEH TeTee	LBR	13.97		84	13/05/07		Princeton (USA)
161	BLOEM Tanya	RSA	13.95		82	23/10/99		Naboomspruit (RSA)
162	DIABAKANA Christiane	CGO	13.95		85	31/05/03		Taverny (FRA)
163	MARIE Helda	SEY	13.94		84	08/06/02		Germiston (RSA)
164	CHESOLI Grace	KEN	13.93		63	18/08/88		Eldoret (KEN)
165	ESSAME Nadege	CMR	13.93		82	26/05/01		Yaoundé (CMR)

Africa W. all-time end 2024

166	NGO Jeanne	CMR	13.92		69	29/08/88		Annaba (ALG)
167	SNYMAN Elsophi	RSA	13.92		69	26/10/89		Pretoria (RSA)
168	BEHIBRO Felicitè	CIV	13.92		61	03/07/93		Ivry sur Seine (FRA)
169	OMAR Heba Marwan	EGY	13.92			11/04/18	1	El Maadi (EGY)
170	van der MERWE Kotie	RSA	13.91		65	26/01/91		Johannesburg (RSA)
171	DUVENHAGE Lezelle	RSA	13.91		77	01/07/99		Pretoria (RSA)
172	KARI Monia	TUN	13.90		71	29/06/97		Tunis (TUN)
173	ENGELBRECHT Eliza	RSA	13.89		49	13/02/74		Paarl (RSA)
174	MADAM Danielle Frederique	CMR	13.88		97	08/09/18	4q	Pescara (ITA)
175	du PLESSIS Hester	RSA	13.87		68	15/03/86		Krugersdorp (RSA)
176	MEYER Cecile	RSA	13.87			05/04/13		Pretoria (RSA)
177	ADEMOLA TEMITOPE Julian	NGR	13.87		06	02/02/24	2	Abuja (NGR)
178	BOSHOFF Ronelle	RSA	13.86		46	24/04/71		Benoni (RSA)
179	RUGURU Monica	KEN	13.83			23/06/23	2	Nairobi (KEN)
180	TRAORE Oumou	MLI	13.82		69	17/02/96		Adelaide (AUS)
181	SLEMA Rahma Bou	TUN	13.80		94	2019		(Algeria)
182	NEFZAOUI Latifa	TUN	13.80		62	11/03/90		Tunis (TUN)
183	KEMMEGNE Edith	CMR	13.80		81	21/04/08		Douala (CMR)
184	PUBALAKAN Tanya	RSA	13.80		84	15/03/18	4	Pretoria (RSA)
185	BOSIRE Felister	KEN	13.80			21/08/19		Nairobi (KEN)
186	PERRINE Bernadette	MRI	13.79		75	10/08/97		Réduit (MRI)
187	NYABEU Anaëlle	CMR	13.79		92	24/05/14		Arona (ESP)
188	GREYLING Marista	RSA	13.78		96	02/03/13	hep	Pretoria (RSA)
189	KIUME Joyce	KEN	13.75		71	22/05/99		Eldoret (KEN)
190	ZAKAREYA MOH. SHAHIN Basmala	EGY	13.75		05	08/07/24	2	Ismailia (EGY)
191	CAMARA Mahawa	GUI	13.74		89	29/05/09		Lisses (FRA)
192	UMERAH Kosi	NGR	13.74		04	15/03/24	20	Tampa (USA)
193	UGEH KASIE Veronica	NGR	13.74		96	06/04/24	13	San Diego (USA)
194	ACHIR ZAABOUB Nacera	ALG	13.73		63	04/08/89		Lagos (NGR)
195	LA GRANGE Mignon	RSA	13.73		06	20/01/24	1	Johannesburg (RSA)
196	AFFOUE Christelle	CIV	13.71		89	30/05/09		Nice (FRA)
197	MOHAMED AHMED MOH. Yomna	EGY	13.71		07	09/05/24	1	Ismailia (EGY)
198	CHATBRI Imen	TUN	13.67		82	30/05/09		Tunis (TUN)
199	LAAYOUNI Zoubida	MAR	13.66		56	07/06/81		Rabat (MAR)
200	OJO Bose	NGR	13.65		94	19/02/23	2	Lagos (NGR)
201	USMAN Zurga	ETH	13.64		96	02/02/18		Addis Ababa (ETH)
202	BEN HAMOU Salima	MAR	13.60		73	17/04/93		Grenoble (FRA)
203	SIMPSON Margaret	GHA	13.58		82	13/04/12		Bambous (MRI)
204	STANDER Yolandi	RSA	13.55		98	11/02/17	1	Pretoria (RSA)
205	KAHI Linda Kageha	KEN	13.53		02	26/01/24	3	Nairobi (KEN)
206	AHMED FARAJ Mariam	EGY	13.51		01	28/03/21	1	El Maadi (EGY)
207	OLEVANO Eunice	RSA	13.50		92	05/04/13	3	Pretoria (RSA)