

# Africa all-time end 2024

## 400H

|    |                          |     |       |    |    |          |      |                         |
|----|--------------------------|-----|-------|----|----|----------|------|-------------------------|
| 1  | MATETE Samuel            | ZAM | 47.10 |    | 68 | 07/08/91 | 1r1  | Zürich (SUI)            |
| 2  | DIA BA Amadou            | SEN | 47.23 |    | 58 | 25/09/88 | 2    | Seoul (KOR)             |
| 3  | van ZYL Louis J.         | RSA | 47.66 | A  | 85 | 25/02/11 | 1    | Pretoria (RSA)          |
| 4  | TUMUTI Boniface Mucheru  | KEN | 47.78 |    | 92 | 18/08/16 | 2    | Río de Janeiro (BRA)    |
| 5  | BETT Nicholas Kiplagat   | KEN | 47.79 |    | 90 | 25/08/15 | 1    | Beijing (CHN)           |
| 6  | HERBERT Llewellyn        | RSA | 47.81 |    | 77 | 27/09/00 | 3    | Sydney (AUS)            |
| 7  | AKII-BUA John            | UGA | 47.82 |    | 49 | 02/09/72 | 1    | München (GER)           |
| 8  | NATHANIEL Ezekiel        | NGR | 48.00 |    | 03 | 11/05/24 | 1    | Waco (USA)              |
| 9  | CILLIERS Ockert          | RSA | 48.02 | A  | 81 | 20/02/04 | 1r1  | Pretoria (RSA)          |
| 10 | HARNDEN Kenneth          | ZIM | 48.05 |    | 73 | 29/07/98 | 1    | Paris (FRA)             |
| 11 | MYBURGH Alwyn            | RSA | 48.09 |    | 80 | 31/08/01 | 1    | Beijing (CHN)           |
| 12 | FREDERICKS Cornel        | RSA | 48.14 |    | 90 | 10/04/11 | 2    | Durban (RSA)            |
| 13 | KETER Erick              | KEN | 48.24 |    | 66 | 17/08/93 | 2s2  | Stuttgart (GER)         |
| 14 | FAYE Ibou                | SEN | 48.30 |    | 69 | 17/09/99 | 1    | Johannesburg (RSA)      |
| 15 | LAHOULOU Abdelmalik      | ALG | 48.39 |    | 92 | 28/09/19 | 2sf2 | Doha (QAT)              |
| 16 | VORSTER Dries            | RSA | 48.46 | A  | 62 | 11/04/89 | 1    | Pretoria (RSA)          |
| 17 | de VILLIERS Pieter       | RSA | 48.46 |    | 82 | 05/07/05 | 2r1  | Lausanne (SUI)          |
| 18 | KOECH Aron               | KEN | 48.49 |    | 90 | 16/08/16 | 2sf3 | Río de Janeiro (BRA)    |
| 19 | AMIKE Henry              | NGR | 48.50 |    | 61 | 31/08/87 | 4s1  | Roma (ITA)              |
| 20 | HANNE Mamadou Kasse      | SEN | 48.50 |    | 86 | 19/07/13 | 4    | Monaco (MON)            |
| 21 | ZAZINI Sokwakhana        | RSA | 48.58 | A  | 00 | 29/04/23 | 2    | Gaborone (BOT)          |
| 22 | NAADOKILA Moitalel Mpoke | KEN | 48.70 |    | 01 | 11/06/21 | 4    | Eugene (USA)            |
| 23 | TISANG Kemorena          | BOT | 48.76 | A  | 95 | 18/05/24 | 1    | Gaborone (BOT)          |
| 24 | MORTON Cristian          | NGR | 48.79 |    | 89 | 08/06/12 | 1    | Des Moines (USA)        |
| 25 | PIENAAR Hannes           | RSA | 48.81 | A  | 60 | 15/02/86 | 1    | Pretoria (RSA)          |
| 26 | HANEKOM Lindsay          | RSA | 48.81 | A  | 93 | 27/04/19 | 1    | Germiston (RSA)         |
| 27 | HINTI Saad               | MAR | 48.82 |    | 02 | 21/03/24 | 1    | Accra (GHA)             |
| 28 | NTWENG Victor            | BOT | 48.82 | A  | 95 | 25/05/24 | 1f1  | Potchefstroom (RSA)     |
| 29 | YEGO Gideon              | KEN | 48.7  | hA | 60 | 13/08/88 | 1    | Nairobi (KEN)           |
| 30 | KINYOR Barnabas          | KEN | 48.7  | hA | 61 | 03/07/93 | 1    | Nairobi (KEN)           |
| 31 | UKAOMA Miles             | NGR | 48.84 |    | 92 | 31/07/15 | 1    | Warri (NGR)             |
| 32 | KRITZINGER Marnus        | RSA | 48.92 |    | 82 | 11/04/03 | 2    | Durban (RSA)            |
| 33 | DJEDJEMEL Rene           | CIV | 48.94 |    | 58 | 13/08/86 | 4    | Zürich (SUI)            |
| 34 | SDAD Mustapha            | MAR | 48.96 |    | 70 | 07/08/01 | 2h2  | Edmonton (CAN)          |
| 35 | WILLEMSE Martin          | RSA | 48.96 |    | 75 | 31/08/01 | 5    | Beijing (CHN)           |
| 36 | OCHAKO Shem              | KEN | 48.97 | A  | 64 | 09/08/87 | 2    | Nairobi (KEN)           |
| 37 | BOTHA Hennie             | RSA | 49.02 | A  | 75 | 14/02/00 | 1r1  | Potchefstroom (RSA)     |
| 38 | COUTO Kurt               | MOZ | 49.02 |    | 85 | 11/06/12 | 1r1  | Praha (CZE)             |
| 39 | KITUR Simon              | KEN | 48.9  | hA | 59 | 13/08/88 | 2    | Nairobi (KEN)           |
| 40 | KOEKEMOER Pieter         | RSA | 49.04 |    | 82 | 31/03/07 | 2    | Durban (RSA)            |
| 41 | SMITH Willie             | NAM | 49.05 |    | 77 | 16/03/01 | 3r1  | Roodepoort (RSA)        |
| 42 | MUKHOBE Wiseman Were     | KEN | 49.09 | A  | 97 | 25/06/22 | 1    | Nairobi (KEN)           |
| 43 | MAÏGA Ibrahim            | MLI | 49.13 |    | 79 | 28/04/07 | 3    | Dakar (SEN)             |
| 44 | AZIZI Zied               | TUN | 49.13 |    | 91 | 29/06/18 | 3    | Tarragona (ESP)         |
| 45 | POTGIETER Gerhardus      | RSA | 49.0  | hA | 37 | 16/04/60 | 1    | Bloemfontein (RSA)      |
| 46 | KOSKEI William           | KEN | 49.0  | hA | 48 | 27/05/72 | 1    | Nairobi (KEN)           |
| 47 | TOUATI Mohamed           | TUN | 49.14 |    | 98 | 28/09/19 | 5sf1 | Doha (QAT)              |
| 48 | BENEKE PC                | RSA | 49.18 |    | 90 | 13/04/13 | 2    | Stellenbosch (RSA)      |
| 49 | BIWOTT Gideon            | KEN | 49.19 | A  | 66 | 16/09/95 | 2    | Harare (ZIM)            |
| 50 | OKORIE Victor            | NGR | 49.19 |    | 81 | 12/06/03 | 3s2  | Sacramento (USA)        |
| 51 | KIMAIYO Daniel           | KEN | 49.20 |    | 48 | 08/08/78 | 1s1  | Edmonton (CAN)          |
| 52 | SEGHAIER Mohamed         | TUN | 49.22 |    | 88 | 05/07/15 | 1    | La Chaux-de-Fonds (SUI) |
| 53 | KOSGEI Kiprono           | KEN | 49.22 | A  | 85 | 01/07/16 | 2    | Eldoret (KEN)           |

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|     |                           |     |       |    |    |          |     |                        |
|-----|---------------------------|-----|-------|----|----|----------|-----|------------------------|
| 54  | HAMMAN Le Roux            | RSA | 49.22 | A  | 92 | 08/03/18 | 2   | Pretoria (RSA)         |
| 55  | RAHMOUNI Miloud           | ALG | 49.24 |    | 83 | 02/08/15 | 2   | El-Djezaïr (ALG)       |
| 56  | le ROUX Wouter            | RSA | 49.25 | A  | 86 | 04/02/05 | 3r1 | Potchefstroom (RSA)    |
| 57  | SAWADOGO Bienvenu         | BUR | 49.25 |    | 95 | 29/08/19 | 2   | Rabat (MAR)            |
| 58  | KOTZE Hennie              | RSA | 49.26 | A  | 60 | 29/03/83 | 1   | Germiston (RSA)        |
| 59  | ANDRADE Jordin            | CPV | 49.26 |    | 92 | 11/06/16 | 4   | Kingston (JAM)         |
| 60  | PRETORIUS Constant        | RSA | 49.28 | A  | 94 | 03/06/17 | 1   | Pretoria (RSA)         |
| 61  | MARITIM Joseph            | KEN | 49.33 | A  | 68 | 09/08/87 | 4   | Nairobi (KEN)          |
| 62  | BUNGEI Julius             | KEN | 49.34 |    | 84 | 21/07/07 | 4   | El-Djezaïr (ALG)       |
| 63  | KOSGEI Vincent Kiplangat  | KEN | 49.36 |    | 85 | 10/10/10 | 4   | New Delhi (IND)        |
| 64  | MARITIM Hillary           | KEN | 49.37 | A  | 73 | 17/09/99 | 4   | Johannesburg (RSA)     |
| 65  | OTONO Dennis              | NGR | 49.39 |    | 58 | 12/05/79 | 1h1 | Tuscaloosa (USA)       |
| 66  | PIETERSE Ferrins          | RSA | 49.41 |    | 67 | 20/04/96 | 2   | Cape Town (RSA)        |
| 67  | N'DIAYE Amadou            | SEN | 49.41 |    | 92 | 24/06/16 | 2   | Durban (RSA)           |
| 68  | ALOWONLE Rilwan           | NGR | 49.42 |    | 93 | 29/08/19 | 4   | Rabat (MAR)            |
| 69  | BOUKEMOUCHE Saber         | ALG | 49.43 |    | 92 | 02/08/15 | 3   | El-Djezaïr (ALG)       |
| 70  | MUTUNGA William Mbevi     | KEN | 49.43 |    | 93 | 16/09/15 | 4   | Brazzaville (CGO)      |
| 71  | OMODIALE Sylvester        | NGR | 49.44 |    | 77 | 27/08/00 | 1   | L'Hospitalet (ESP)     |
| 72  | GORA Lindukuhle           | RSA | 49.45 |    | 01 | 19/04/24 | 1   | Pietermaritzburg (RSA) |
| 73  | DIEME Jean-Dominique      | SEN | 49.48 |    | 69 | 11/06/00 | 1   | Dakar (SEN)            |
| 74  | MARITZ Johannes Gerhardus | NAM | 49.48 |    | 90 | 09/07/17 | 2   | Bruxelles (BEL)        |
| 75  | DHLAMINI Sabelo           | RSA | 49.48 |    | 95 | 19/04/24 | 2   | Pietermaritzburg (RSA) |
| 76  | OGIDI Daniel              | NGR | 49.51 |    | 63 | 08/08/83 | 5s2 | Helsinki (FIN)         |
| 77  | MALAN Francois            | RSA | 49.51 | A  | 81 | 11/02/05 | 4   | Bloemfontein (RSA)     |
| 78  | KHAYATTI Fathel           | TUN | 49.52 |    | 65 | 12/07/94 | 1   | Evry-Bondoufle (FRA)   |
| 79  | JONKER Johan              | RSA | 49.53 | A  | 70 | 20/04/91 | 2   | Pretoria (RSA)         |
| 80  | RAKOTOARIMIANDRY Yvon     | MAD | 49.53 |    | 76 | 23/07/01 | 2   | Ottawa (CAN)           |
| 81  | MACHAVA Creve Armando     | MOZ | 49.54 |    | 96 | 28/08/19 | 1h1 | Rabat (MAR)            |
| 82  | WRIGHT O'Neil             | LBR | 49.55 |    | 80 | 14/05/05 | 2r1 | Atlanta (USA)          |
| 83  | MBATHA Njabulo            | RSA | 49.57 |    | 07 | 19/04/24 | 3   | Pietermaritzburg (RSA) |
| 84  | SIDIBÉ Ousmane            | SEN | 49.58 |    | 90 | 04/08/23 | 2   | Kinshasa (COD)         |
| 85  | ALADEFA Kehinde           | NGR | 49.60 |    | 74 | 29/07/96 | 5h1 | Atlanta (USA)          |
| 86  | KIMAIYO Fatwell           | KEN | 49.63 |    | 47 | 29/01/74 | 4   | Christchurch (NZL)     |
| 87  | HARNDEN Iain              | ZIM | 49.68 |    | 76 | 13/05/00 | 2   | Tallahassee (USA)      |
| 88  | MULLI Wilfred             | KEN | 49.69 |    | 54 | 07/06/80 | 2   | Austin (USA)           |
| 89  | TOERIEN Mario             | RSA | 49.69 | A  | 72 | 14/04/96 | 3   | Johannesburg (RSA)     |
| 90  | EMEOGHENE Timothy         | NGR | 49.69 |    | 97 | 19/06/21 | 1   | Lagos (NGR)            |
| 91  | GHANEM Ahmed Abdul-Haleem | EGY | 49.74 |    | 59 | 12/08/85 | 1   | Al-Qâhirah (EGY)       |
| 92  | YATOR Lawrence            | KEN | 49.6  | hA | 69 | 13/06/92 | 1   | Nairobi (KEN)          |
| 93  | SANG Rere                 | KEN | 49.75 | A  | 72 | 23/07/94 | 3   | Nairobi (KEN)          |
| 94  | RWAMUHANDA Peter          | UGA | 49.78 |    | 53 | 22/07/78 |     | El-Djezaïr (ALG)       |
| 95  | ENYIAZU Kenneth           | NGR | 49.80 |    | 74 | 27/08/97 | 1h1 | Catania (ITA)          |
| 96  | SHOAIB Mohamed Adam       | SUD | 49.82 |    | 98 | 04/07/17 | 2   | Castellón (ESP)        |
| 97  | AZEMIA Ned                | SEY | 49.82 |    | 97 | 19/05/18 | 2   | El Dorado (USA)        |
| 98  | MBAYE Hamidou             | SEN | 49.83 |    | 64 | 04/07/96 | 1   | Paris (FRA)            |
| 99  | HAMMADI Abderahmane       | ALG | 49.84 |    | 84 | 02/05/08 | 2   | Addis Abeba (ETH)      |
| 100 | MASVANHISE Julius         | ZIM | 49.86 |    | 66 | 16/09/95 | 3   | Harare (ZIM)           |
| 101 | MBOW El Hadji Sethe       | SEN | 49.86 |    | 85 | 25/05/13 | 2   | Pueblo (USA)           |
| 102 | van NIEKERK Rudolf        | RSA | 49.89 | A  | 60 | 23/04/83 | 1   | Sasolburg (RSA)        |
| 103 | RAKOTOMBELONTSOA Hubert   | MAD | 49.89 |    | 68 | 28/09/96 | 2   | Antananarivo (MAD)     |
| 104 | KECHI Heni                | TUN | 49.89 |    | 80 | 28/07/02 | 1   | Angers (FRA)           |
| 105 | EGBEREASE Martins         | NGR | 49.90 |    | 59 | 07/09/90 | 1   | Lagos (NGR)            |
| 106 | MOGAWANE Kefilwe          | RSA | 49.91 | A  | 97 | 03/06/17 | 3   | Pretoria (RSA)         |
| 107 | MAITSEO Keitumetse        | BOT | 49.91 |    | 99 | 12/03/22 | 2f2 | Gaborone (BOT)         |
| 108 | DIMOKRATI El Mehdi        | MAR | 49.91 |    | 01 | 24/06/23 | 3   | Marrakesh (MAR)        |
| 109 | SMITH Alan                | RSA | 49.92 | A  | 50 | 26/03/76 | 1   | Johannesburg (RSA)     |

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|     |                             |     |       |    |    |          |     |                        |
|-----|-----------------------------|-----|-------|----|----|----------|-----|------------------------|
| 110 | MUNYORO Meshak              | KEN | 49.93 |    | 58 | 26/07/83 | 3   | München (GER)          |
| 111 | RABEMANANJARA Rova          | MAD | 49.93 |    | 76 | 08/07/97 | 1   | Flagstaff (RSA)        |
| 112 | HASHAN Gilbert              | MRI | 49.94 |    | 70 | 29/07/96 | 7h1 | Atlanta (USA)          |
| 113 | SALMI Nabil                 | ALG | 49.8  | h  | 72 | 27/06/97 | 1   | El-Djezair (ALG)       |
| 114 | FRECKY Tshotlego            | BOT | 49.94 | A  | 96 | 18/05/24 | 3   | Gaborone (BOT)         |
| 115 | BURGER Kobus                | RSA | 49.95 |    | 62 | 07/12/85 | 1   | Stellenbosch (RSA)     |
| 116 | ROBERTS Grant               | RSA | 49.96 | A  | 71 | 03/04/95 | 1   | Pietersburg (RSA)      |
| 117 | STEYNBERG Johan             | RSA | 49.98 | A  | 72 | 07/05/94 | 2   | Secunda (RSA)          |
| 118 | KIILU Vincent Mumo          | KEN | 49.99 | A  | 82 | 12/07/03 | 1   | Nairobi (KEN)          |
| 119 | COERTZE Francois            | RSA | 50.00 | A  | 79 | 17/04/99 | 3   | Bloemfontein (RSA)     |
| 120 | BIWOTT Sammy                | KEN | 50.01 |    | 74 | 01/06/94 | 2   | Granada (ESP)          |
| 121 | KAMAU Charles               | KEN | 50.01 | A  | 71 | 18/06/94 | 3   | Nairobi (KEN)          |
| 122 | HENRY Okorie                | NGR | 50.01 |    | 87 | 16/09/15 | 7   | Brazzaville (CGO)      |
| 123 | SILEI Cosmas                | KEN | 50.02 |    | 48 | 29/01/74 | 5   | Christchurch (NZL)     |
| 124 | PIENAAR Jaco                | RSA | 50.02 | A  | 58 | 12/03/84 | 2   | Pretoria (RSA)         |
| 125 | MYBURGH Hugo                | RSA | 50.04 | A  | 51 | 23/04/74 | 1   | Johannesburg (RSA)     |
| 126 | du RAND Cornelius           | RSA | 50.04 | A  | 72 | 23/01/90 | 2   | Potchefstroom (RSA)    |
| 127 | LAHLALI Abdelhak            | MAR | 50.04 |    | 71 | 18/06/93 | 2h2 | Narbonne (FRA)         |
| 128 | NGETICH Christopher         | KEN | 50.04 | A  | 92 | 15/06/12 | 2   | Nairobi (KEN)          |
| 129 | ROUX Johan                  | RSA | 50.06 | A  | 59 | 23/04/82 | 1   | Germiston (RSA)        |
| 130 | LEFOU Judex                 | MRI | 50.06 |    | 66 | 24/07/94 | 2.  | Annecy (FRA)           |
| 131 | KARANJA James               | KEN | 50.06 |    | 79 | 23/05/99 | 2   | Fairfax (USA)          |
| 132 | IKPEFAN Obokhare            | NGR | 50.07 |    | 95 | 15/05/16 | 2   | Lincoln (USA)          |
| 133 | ROTICH Kipkorir             | KEN | 50.07 | A  | 98 | 22/05/24 | 1   | Nairobi (KEN)          |
| 134 | ENGELS Hawie                | RSA | 50.10 | A  | 62 | 13/02/85 | 1   | Johannesburg (RSA)     |
| 135 | KIPKEMBOI Charles Yego      | KEN | 50.0  | hA | 44 | 29/08/70 |     | Kampala (UGA)          |
| 136 | CHERIF Abdoulaye Issa       | BEN | 50.0  |    | 84 | 24/04/07 | 2   | Ouagadougou (BUR)      |
| 137 | MEYER Henk                  | RSA | 50.18 | A  | 81 | 20/04/01 | 3   | Pretoria (RSA)         |
| 138 | de JONGH Japie              | RSA | 50.19 |    | 64 | 07/12/85 | 2   | Stellenbosch (RSA)     |
| 139 | CHIRCHIR Nicholas Kiprotich | KEN | 50.19 | A  | 98 | 18/09/21 | 1   | Nairobi (KEN)          |
| 140 | KOTZE Barend                | RSA | 50.21 | A  | 77 | 21/07/02 | 1   | Font Romeu (FRA)       |
| 141 | DEYAF Hamza                 | LBA | 50.21 |    | 85 | 03/07/09 |     | Pescara (ITA)          |
| 142 | AYOO Silver                 | UGA | 50.25 |    | 50 | 13/01/73 |     | Lagos (NGR)            |
| 143 | KIPCHUMBA Peter             | KEN | 50.25 |    | 50 | 08/08/78 | 1s2 | Edmonton (CAN)         |
| 144 | OKEAGU Osita                | NGR | 50.25 |    | 78 | 14/10/03 | 1   | Abuja (NGR)            |
| 145 | VIEILLESSE Antonio          | MRI | 50.25 |    | 86 | 16/07/08 | 3.  | La Roche-sur-Yon (FRA) |
| 146 | du PREEZ Marthinus          | RSA | 50.25 | A  | 01 | 18/03/24 | 3   | Pretoria (RSA)         |
| 147 | van VOLLENHOVEN Keith       | RSA | 50.26 | A  | 60 | 27/04/81 | 1   | Germiston (RSA)        |
| 148 | GOUNIEBER Mohamed Amine     | ALG | 50.29 |    | 88 | 19/07/14 | 1   | El-Djezair (ALG)       |
| 149 | IKWUAMKOR Akobundu          | NGR | 50.30 |    | 84 | 06/06/09 | 2r1 | Walnut (USA)           |
| 150 | MUREI Michael               | KEN | 50.31 |    | 50 | 03/06/77 | 4s1 | Champaign (USA)        |
| 151 | KIBET Daniel                | KEN | 50.31 | A  | 83 | 12/07/03 | 2   | Nairobi (KEN)          |
| 152 | RAUTENBACH Henge            | RSA | 50.32 | A  | 69 | 03/04/95 | 3   | Pietersburg (RSA)      |
| 153 | LANGAT Emmanuel Kipyegon    | KEN | 50.33 | A  | 99 | 22/06/19 | 1   | Nairobi (KEN)          |
| 154 | MANYANI Ismail              | MAR | 50.33 |    | 00 | 15/04/22 | 1   | Rabat (MAR)            |
| 155 | RICH Peter                  | RSA | 50.2  | hA | 45 | 02/04/68 | 1   | Krugersdorp (RSA)      |
| 156 | de WAAL Arend               | RSA | 50.2  | hA | 63 | 15/02/84 | 3   | Johannesburg (RSA)     |
| 157 | ABDELMAKSOUD Ibrahim        | EGY | 50.34 |    | 71 | 13/06/96 | 2h2 | Yaoundé (CMR)          |
| 158 | TESFAYE Derese              | ETH | 50.2  | hA | 01 | 03/02/24 | 1   | Addis Abeba (ETH)      |
| 159 | OLETYGOR Julius Rotich      | KEN | 50.35 | A  | 90 | 16/07/11 | 2   | Nairobi (KEN)          |
| 160 | ABERKAN Saïd                | MAR | 50.36 |    | 63 | 18/07/89 | 4   | Dar-el-Beida (ALG)     |
| 161 | NDO Matodzi                 | RSA | 50.38 | A  | 07 | 27/03/24 | 1   | Johannesburg (RSA)     |
| 162 | KETIT Ouahid                | ALG | 50.39 |    | 74 | 16/07/97 | 5   | Beyrouth (LBA)         |
| 163 | NKRUMAH Keith               | GHA | 50.40 |    | 90 | 05/05/12 | 1   | Greensboro (USA)       |
| 164 | CHERUIYOT Geoffrey Kipkoech | KEN | 50.40 | A  | 96 | 01/08/15 | 6   | Nairobi (KEN)          |
| 165 | SARR Youssoupha             | SEN | 50.42 |    | 78 | 19/05/01 | 2   | Fresno (USA)           |

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|     |                           |     |       |    |    |          |     |                         |
|-----|---------------------------|-----|-------|----|----|----------|-----|-------------------------|
| 166 | HANEKOM Johann            | RSA | 50.42 | A  | 86 | 28/03/08 | 2   | Pretoria (RSA)          |
| 167 | SOMDA Ziem Esaie          | BUR | 50.43 |    | 95 | 17/06/23 | 2f2 | Tarare (FRA)            |
| 168 | vander WESTHUIZEN Eugene  | RSA | 50.44 |    | 74 | 20/03/93 | 1   | Cape Town (RSA)         |
| 169 | N'DABIAN Yves             | CIV | 50.45 |    | 83 | 08/08/04 | 2r2 | La Chaux de Fonds (SUI) |
| 170 | NGUNJIRI Edward           | KEN | 50.45 | A  | 93 | 22/06/19 | 2   | Nairobi (KEN)           |
| 171 | TABBAL Kamel              | TUN | 50.47 |    | 78 | 13/08/03 | 2r1 | Brasschaat (BEL)        |
| 172 | TITI Laroussi             | TUN | 50.50 |    | 82 | 17/06/06 | 1   | Radès (TUN)             |
| 173 | vanHEERDEN Daniel         | RSA | 50.51 | A  | 76 | 13/03/00 | 3r2 | Roodepoort (RSA)        |
| 174 | OUAKAF Nabil              | MAR | 50.52 |    | 72 | 29/05/93 | 1   | Rabat (MAR)             |
| 175 | KIBYEGO Wilson            | KEN | 50.54 | A  | 53 | 20/06/79 | 3   | Nairobi (KEN)           |
| 176 | KIBET Stephen             | KEN | 50.4  | hA | 72 | 07/07/90 | 1   | Nairobi (KEN)           |
| 177 | LANGAT John               | KEN | 50.54 | A  | 74 | 22/07/00 | 3   | Nairobi (KEN)           |
| 178 | KITHOME Peter             | KEN | 50.54 | A  | 03 | 18/09/21 | 3   | Nairobi (KEN)           |
| 179 | EL AMINE Badr             | MAR | 50.57 |    | 84 | 02/05/08 | 5   | Addis Abeba (ETH)       |
| 180 | STEENEKAMP Lourens        | RSA | 50.58 |    | 99 | 05/04/18 | 2   | Paarl (RSA)             |
| 181 | TOUHAMA Abdelhaq          | MAR | 50.59 |    | 64 | 11/06/89 | 1   | Oujda (MAR)             |
| 182 | KOEN Johan                | RSA | 50.59 |    | 83 | 06/04/03 | 2   | Durban (RSA)            |
| 183 | LISHEBO Davison           | ZAM | 50.60 |    | 55 | 20/05/89 | 1h1 | Villanova (USA)         |
| 184 | DEBBAB Mohamed            | MAR | 50.60 |    | 68 | 12/07/94 | 4   | Evry-Bondoufle (FRA)    |
| 185 | OCHANA Jorem              | UGA | 50.5  | hy | 35 | 05/09/64 | 1   | Kisumu (KEN)            |
| 186 | COETZEE Johannes          | RSA | 50.5  | h  | 54 | 08/04/78 | 2   | Germiston (RSA)         |
| 187 | ROP Paul                  | KEN | 50.5  | hA | 62 | 13/08/88 | 7   | Nairobi (KEN)           |
| 188 | SAMOEI Barnabas           | KEN | 50.5  | hA | 65 | 11/05/91 | 1   | Nairobi (KEN)           |
| 189 | BIRU Yobsen               | ETH | 50.5  | h  |    | 01/04/22 | 1   | Hawassa (ETH)           |
| 190 | SONGOK Kimaru             | KEN | 50.66 | A  | 36 | 13/10/68 | 5h4 | Mexico (MEX)            |
| 191 | OKWILAGWE Celestine       | NGR | 50.67 |    | 68 | 30/05/87 | 2r1 | Houston (USA)           |
| 192 | BABOU Oumar               | SEN | 50.67 |    | 94 | 27/07/19 | 2   | Niamey (MLI)            |
| 193 | KIPTOO David              | KEN | 50.68 |    | 65 | 24/07/90 | 1   | Tornio (FIN)            |
| 194 | MONTEIRO Edivaldo         | GBS | 50.68 |    | 76 | 20/06/98 | 4   | Lisboa (POR)            |
| 195 | MAHROU Ayoub              | ALG | 50.68 |    | 00 | 16/07/24 | 2   | El-Djezaïr (ALG)        |
| 196 | van RENSBURG Wernich      | RSA | 50.69 | A  | 04 | 05/05/23 | 2f2 | Bloemfontein (RSA)      |
| 197 | van der WESTHUIZEN Conrad | RSA | 50.71 | A  | 74 | 19/03/99 | 4r2 | Roodepoort (RSA)        |
| 198 | MENTZ Ruan                | RSA | 50.71 | A  | 95 | 26/04/14 | 3   | Pretoria (RSA)          |
| 199 | PRETORIUS Bernard         | RSA | 50.71 | A  | 93 | 11/03/16 | 1h1 | Pretoria (RSA)          |
| 200 | MELLY Cosmas              | KEN | 50.71 | A  |    | 10/06/17 | 2   | Nairobi (KEN)           |
| 201 | BAYU Gadisa               | ETH | 50.71 | A  | 00 | 25/05/18 | 1   | Assela (ETH)            |
| 202 | NWOSU Samuel              | NGR | 50.72 |    | 61 | 12/05/84 | 2   | Carbondale (USA)        |
| 203 | CHERUIYOT Patrick         | KEN | 50.72 |    | 64 | 26/05/84 | 1   | Evanston (USA)          |
| 204 | SPIES Dirk                | RSA | 50.72 | A  | 69 | 07/12/91 | 3   | Bloemfontein (RSA)      |
| 205 | ROBERTS Rivaldo           | RSA | 50.73 | A  | 96 | 15/03/19 | 2   | Pretoria (RSA)          |
| 206 | HAMMOUNI ANAS Es Saddik   | ALG | 50.73 |    | 95 | 31/07/22 | 3   | Dély Ibrahim            |
| 207 | SANG Samuel               | KEN | 50.6  | A  | 44 | 09/09/67 | 1   | Kisumu (KEN)            |
| 208 | van STRAATEN Stefan       | RSA | 50.6  | A  | 63 | 29/03/83 | 1   | Germiston (RSA)         |
| 209 | RUTO Singh John           | KEN | 50.6  | A  | 62 | 02/08/86 | 1   | Nairobi (KEN)           |
| 210 | IBRAHIM Rilwan            | NGR | 50.74 |    |    | 24/09/91 | 4   | Al-Qâhirah (EGY)        |
| 211 | LEMECHA Abebe             | ETH | 50.6  | hA |    | 03/02/24 | 2   | Addis Abeba (ETH)       |
| 212 | GIKONYO John              | KEN | 50.76 |    |    | 22/06/18 | 4   | Nairobi (KEN)           |
| 213 | GHOZALI Tahar             | ALG | 50.77 |    | 79 | 02/08/00 | 1   | El-Djezaïr (ALG)        |
| 214 | PANDJIKOLA Lucien         | CAF | 50.77 |    | 83 | 04/07/08 | 4   | Marseille (FRA)         |
| 215 | BLOEM Juan                | RSA | 50.78 | A  | 88 | 08/04/06 | 1   | Pretoria (RSA)          |
| 216 | JONKER Jaco               | RSA | 50.79 | A  | 75 | 02/04/93 | 1   | Germiston (RSA)         |
| 217 | MUKWADA Norman            | ZIM | 50.79 |    | 99 | 12/12/18 | 1   | Gaborone (BOT)          |
| 218 | FYNEFACE Martin           | NGR | 50.80 |    | 55 | 29/08/77 | 1   | Lagos (NGR)             |
| 219 | SAVANE Amadou Sy          | GUI | 50.81 |    | 74 | 23/05/98 | 1r4 | Atlanta (USA)           |
| 220 | OLWOOKERE David Tayo      | NGR | 50.81 |    | 00 | 16/05/21 | 1   | Carbondale (USA)        |
| 221 | JELASSI Mohamed Fares     | TUN | 50.82 |    | 97 | 22/07/16 | 1h1 | Bydgoszcz (POL)         |

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|     |                             |     |       |    |    |          |     |                         |
|-----|-----------------------------|-----|-------|----|----|----------|-----|-------------------------|
| 222 | AGYEMANG Duncan Nuakoh      | GHA | 50.82 |    | 93 | 28/05/21 | 3h2 | Jacksonville (USA)      |
| 223 | PRETORIUS Juan              | RSA | 50.83 | A  | 80 | 19/03/99 | 5r2 | Roodepoort (RSA)        |
| 224 | SOLOMONS Taariq             | RSA | 50.83 | A  | 93 | 05/04/12 | 2   | Pretoria (RSA)          |
| 225 | SWART Johan                 | RSA | 50.7  |    | 36 | 23/10/63 | 2   | Bloemfontein (RSA)      |
| 226 | RANDRIANALIJ AONA Jean-Aime | MAD | 50.7  |    | 46 | 23/05/71 | 1   | Colombes (FRA)          |
| 227 | KIPROTICH Erik              | KEN | 50.7  | A  | 47 | 10/11/73 | 3   | Nairobi (KEN)           |
| 228 | HEYDENRYCH Gordon           | RSA | 50.7  |    | 56 | 05/12/77 | 1   | Bloemfontein (RSA)      |
| 229 | MURGOR William              | KEN | 50.7  | A  | 64 | 30/05/87 | 3   | Nairobi (KEN)           |
| 230 | OKPAKO Glory                | NGR | 50.84 |    | 82 | 03/07/99 |     | Lagos (NGR)             |
| 231 | IDRISS Abdulgadir           | SUD | 50.84 |    | 88 | 12/04/05 | 3h2 | Makkah (KSA)            |
| 232 | PRINSLOO Poena              | RSA | 50.85 | A  | 67 | 18/04/87 | 3   | Germiston (RSA)         |
| 233 | HUSSEIN Hafedh Mohamed      | SUD | 50.85 |    | 87 | 20/07/07 | 6h2 | Alger (ALG)             |
| 234 | PRETORIUS Koos              | RSA | 50.86 | A  | 66 | 03/12/88 | 1   | Pretoria (RSA)          |
| 235 | RETIEF Andre Johannes       | NAM | 50.86 | A  | 02 | 26/04/23 | 3   | Potchefstroom (RSA)     |
| 236 | MOUTON Abraham              | RSA | 50.87 |    | 62 | 21/04/89 |     | Durban (RSA)            |
| 237 | CHEPSONGOL Ammon            | KEN | 50.87 | A  | 86 | 28/06/08 | 2   | Nairobi (KEN)           |
| 238 | MOHAMMED Baba Seidu         | GHA | 50.87 |    | 99 | 27/07/19 | 3   | Niamey (NIG)            |
| 239 | NKANYANI Ntiyiso            | RSA | 50.87 | A  | 05 | 23/03/24 | 1   | Pretoria (RSA)          |
| 240 | TANUI Peter                 | KEN | 50.88 | A  | 62 | 23/07/94 | 1   | Nairobi (KEN)           |
| 241 | YEGO Isaac                  | KEN | 50.88 | A  | 68 | 01/07/95 | 5   | Nairobi (KEN)           |
| 242 | LAGAMANG Daniel             | BOT | 50.88 |    | 91 | 13/09/11 | 1h1 | Maputo (MOZ)            |
| 243 | van der WATH Heinrich       | RSA | 50.89 | A  | 05 | 23/03/24 | 2   | Pretoria (RSA)          |
| 244 | BENHAMMOU Hamid             | MAR | 50.90 |    | 80 | 26/06/04 |     | Rabat (MAR)             |
| 245 | SHALE Oratilwe              | RSA | 50.90 | A  | 05 | 27/03/24 | 3   | Johannesburg (RSA)      |
| 246 | MONYE Ambrose               | NGR | 50.91 |    | 59 | 23/05/92 |     | Lagos (NGR)             |
| 247 | BATIONO Bernabe             | BUR | 50.91 |    | 78 | 02/10/09 | 4   | Beyrouth (LBN)          |
| 248 | TESLIM Oyedele              | NGR | 50.91 |    | 00 | 27/07/19 | 3   | Kaduna (NGR)            |
| 249 | DIPPENAAR Jacobus           | RSA | 50.92 | A  | 58 | 05/12/81 | 3   | Johannesburg (RSA)      |
| 250 | HAMMI Oussama               | MAR | 50.92 |    | 00 | 15/04/22 | 2   | Rabat (MAR)             |
| 251 | WAMITHI Peter               | KEN | 50.93 | A  | 72 | 09/07/94 | 5   | Nairobi (KEN)           |
| 252 | MELLY Jackson               | KEN | 50.8  | h  | 52 | 20/06/81 |     | Nakuru (KEN)            |
| 253 | le ROUX Dirkie              | RSA | 50.94 | A  | 80 | 03/04/98 | 1   | Pretoria (RSA)          |
| 254 | KIPTOO Erick                | KEN | 50.94 | A  | 96 | 10/06/17 | 3   | Nairobi (KEN)           |
| 255 | PRETORIUS Danie             | RSA | 50.95 |    | 56 | 25/04/81 | 4   | Durban (RSA)            |
| 256 | GAYE Fallou                 | SEN | 50.95 |    | 97 | 15/04/23 | 1   | Terre Haute (USA)       |
| 257 | BECKER Caswell              | RSA | 50.96 | A  | 66 | 28/03/87 | 2   | Krugersdorp (RSA)       |
| 258 | FORSSMAN Basil              | RSA | 50.98 | A  | 62 | 07/03/83 | 3   | Pretoria (RSA)          |
| 259 | WAMBUA John                 | KEN | 50.98 | A  | 89 | 28/06/08 | 3   | Nairobi (KEN)           |
| 260 | MAREE Linford               | RSA | 50.99 |    | 99 | 21/04/17 | 4   | Potchefstroom (RSA)     |
| 261 | JONCK Wiekus                | RSA | 51.00 | A  | 88 | 08/04/06 | 2   | Pretoria (RSA)          |
| 262 | OGUNJOBI Taiwo              | NGR | 51.01 |    | 46 | 29/08/77 | 2   | Lagos (NGR)             |
| 263 | MATHOPA Tshgofatso          | RSA | 51.01 | A  | 95 | 13/04/19 | 3   | Germiston (RSA)         |
| 264 | DOMPEY Barnabas             | GHA | 51.01 |    | 96 | 09/02/24 | 1   | Cape Coast (GHA)        |
| 265 | HUISAMEN Wiaan              | RSA | 51.04 | A  | 71 | 27/03/92 | 5   | Germiston (RSA)         |
| 266 | EL AZOUIZI Chabib           | MAR | 51.04 |    | 79 | 13/08/99 | 1h1 | Irbid (JOR)             |
| 267 | KATONON Daniel              | KEN | 50.9  | hA | 86 | 01/07/06 | 2   | Nairobi (KEN)           |
| 268 | MUTAI Jeremiah              | KEN | 50.9  | hA | 92 | 17/06/10 | 2   | Nairobi (KEN)           |
| 269 | TELE Ken Kirui              | KEN | 50.9  | hA | 94 | 08/06/11 | 1   | Nairobi (KEN)           |
| 270 | BOUCKELLYOEN Alex           | CIV | 51.05 |    | 96 | 27/05/23 | 2h3 | Salon-de-Provence (FRA) |
| 271 | HAFIANE Yassine             | MAR | 51.06 |    | 75 | 27/05/00 |     | Meknès (MAR)            |
| 272 | ROMIJIN Willem              | RSA | 51.06 | A  | 77 | 20/01/01 | 1   | Pretoria (RSA)          |
| 273 | OBERMEYER Niel              | RSA | 51.07 | A  | 72 | 28/11/92 | 2   | Krugersdorp (RSA)       |
| 274 | DOUMBIA Jules               | SEN | 51.07 |    | 77 | 19/05/01 | 2h1 | Berkeley (USA)          |
| 275 | LAWAL Morufu                | NGR | 51.07 |    | 88 | 03/07/08 | 1   | Abuja (NGR)             |
| 276 | BEKKOUCHE Hicham El Bahri   | ALG | 51.09 |    | 00 | 22/04/22 | 1   | El-Djezaïr (ALG)        |
| 277 | la GRANGE Marcus            | RSA | 51.10 |    | 77 | 23/03/05 | 1   | Cape Town (RSA)         |

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|     |                            |     |       |    |    |          |     |                     |
|-----|----------------------------|-----|-------|----|----|----------|-----|---------------------|
| 278 | THABE Larona               | BOT | 51.10 | A  | 95 | 21/05/16 | 1h2 | Gaborone (BOT)      |
| 279 | EKSTEEN Elishama           | RSA | 51.10 |    | 92 | 21/04/17 | 3h2 | Potchefstroom (RSA) |
| 280 | DIPPENAAR Wessel           | RSA | 51.13 | A  | 74 | 04/10/91 | 2   | Johannesburg (RSA)  |
| 281 | KIMEU Emmanuel             | KEN | 51.13 | A  |    | 15/06/12 | 5   | Nairobi (KEN)       |
| 282 | BURGER Schalk              | RSA | 51.13 |    | 93 | 30/04/16 | 4   | Polokwane (RSA)     |
| 283 | du TOIT Wynand             | RSA | 51.13 |    | 97 | 27/01/18 | 1   | Cape Town (RSA)     |
| 284 | CHEPKWONY Stephen          | KEN | 51.0  | h  | 54 | 30/04/76 |     | Nakuru (KEN)        |
| 285 | NZIOKA Reuben              | KEN | 51.0  | h  | 57 | 17/05/80 |     | Bukhundu (KEN)      |
| 286 | KIBET Robert               | KEN | 51.0  | hA | 65 | 21/05/88 |     | Nairobi (KEN)       |
| 287 | LANGAT David               | KEN | 51.0  | hA |    | 28/06/94 | 4   | Nairobi (KEN)       |
| 288 | DIOUF Ibrahima             | SEN | 51.14 |    | 72 | 25/04/98 | 2   | Dakar (SEN)         |
| 289 | BEKKOUCHE Moh. Fakhreddine | MAR | 51.0  | h  | 75 | 30/05/04 |     | Rabat (MAR)         |
| 290 | MWABWI Geoffrey            | KEN | 51.0  | hA |    | 31/05/08 | 1   | Nairobi (KEN)       |
| 291 | ERASMUS Andre              | RSA | 51.14 | A  | 02 | 05/05/23 | 4f2 | Bloemfontein (RSA)  |